

What can I do to address Domestic Violence?

I am active in the community: I can...

- Host a block party to bring my neighbors together and decrease isolation by building community.
- Call my senator to reauthorize VAWA (Violence Against Women Act).
- Bring cookies to my friend or neighbor that I am worried about.
- Ask my town to sponsor a domestic violence awareness event.
- Ask DOVE to hold a forum at my local library.
- Write a letter to the editor of my local newspaper on the importance of Domestic Violence Awareness Month.
- Talk to my kids and family members about healthy relationships and the signs of domestic violence.

I am a healthcare provider: I can...

- Make sure my practice has a relationship with the local domestic violence organization for referrals.
- Host a training on screening and supporting survivors from the local domestic violence organization.
- Make sure that there is a policy at my practice for screening.
- Make sure that the waiting rooms, bathrooms and patient rooms have posters and brochures with domestic violence services.

I work in an office: I can...

- Make sure that my HR department has current information on laws regarding leave for domestic violence survivors.
- Make sure my office has up to date policies on how to respond to domestic violence experienced by employees.
- Bring in a domestic violence organization to do a Lunch & Learn.
- Organize a donation drive for the shelter.
- 'Adopt a Family Wish List' with my department during the holiday season.

I am a student: I can...

- Join with DOVE to start a Healthy Relationship group at my school.
- Address victim blaming when I hear it.
- Ask my school to host assemblies that raise awareness about dating violence.
- Tell my friend that it's not their fault when they experience abuse.
- Tell my friends & family about warning signs.
- Tell my friend that their controlling or jealous behavior is unacceptable.
- Share DOVE's website and Facebook/Instagram page on social media.
- Post about healthy relationships on social media.

I am a social service provider: I can...

- Ask all my families and clients about possible abuse.
- Make sure all my colleagues are trained on how to respond to domestic violence disclosures.
- Make sure my agency has material available in meeting rooms, waiting rooms, offices and bathrooms on domestic violence services.